



Rita Lynn Guba

OCT 13, 1964 - MAY 27, 2016



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Celebrating the Life of Rita Lynn Guba Rita was born on October 13, 1964 in New London, Connecticut. She was the only child born to Romeo Octaviano Guba and Carolina Mamaril Guba. Her family moved frequently due to her father being in the United States Coast Guard. Some of the places she lived as a child included Honolulu, HI; San Francisco, CA; Dale City, VA; and Stockton, CA. She would later find her way back to the San Francisco Bay Area, with her final city of residence being Oakland, CA. She attended Gar-Field High School (Woodbridge, VA), University of the Pacific (Stockton, CA), and San Francisco State University. She earned her Bachelors of Science in Business Administration from UOP and her Bachelors of Science in Nursing from SF State University. Prior to starting her path into the nursing profession, she had been a travel agent trained through United. As a travel agent, she worked for companies such as United, Carlson Travel Network, and Omega World Travel. Rita also received a certification as a massage therapist, which steered her into the health profession. After attaining her nursing degree, Rita was able to apply for a nursing externship in the San Francisco Bay Area, which placed her at St. Rose Hospital in Hayward, CA. Rita's determination and drive, along with her radiant and positive demeanor landed her a permanent position at St. Rose's PACU (peri-anesthesia care unit) in August, 2012. Late February 2016, Rita would come to learn she had been afflicted with neuro-endocrine cancer, which had affected her liver and pancreas. From the time of her diagnosis up until her last week on earth, she exemplified grace and the commitment to fight this battle against a disease that was so relentless and merciless. She was able to find comfort in her Catholic faith when excerpts from a prayer booklet were read to her. Knowing that she would lose this battle, she expressed her wish to be in her own home. On May 24, she received her final wish, crossing the threshold of her own home.....no more monitors, no more needle sticks, no more poking/prodding. On May 27, 2016, she



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left this world to continue her journey home to be reunited with her father, Romeo O. Guba and other loved ones before her. She is survived by her mother, Carolina M. Guba. Rita's passion for living was evident by the life she led. Rita was an avid traveler; visiting places such as Machu Picchu and Prague, as well as other places in Asia and Europe. She had a great love for animals: she was a "mother" to her surviving cats Tova, Jasper, and Dino. She also had her cat, Blackjack, who passed before her and is now reunited with him. She loved music and dance: she had been a cheerleader at Gar-Field High and UOP, she was able to make the first cuts as a San Francisco 49er cheerleader, and she definitely had the stamina to stay on the dance floor for hours. Rita showed no fear when it came to flying in the air: she learned to do the flying trapeze during her trips to Club Med, and she tried tandem parachute jumping. She was a generous and genuine soul whose smile lit up a room as soon as she entered. She was also a nurturing and caring being as evidenced by the many lives she has touched. She will be missed but never forgotten. R.I.P our beautiful angel, Rita Lynn Guba. Until we see you again, may you fly high among the angels.



Tribute Wall

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AM

Amber McClain posted:

Rita, You're forever in my heart. There are no words to express how much you effected my life with your kindness and loving spirit. I will always remember the sweet moments of conversation where you always made sure to be 100% present. Of course, I'll never forget our many sessions groovin' on the dance floor or skiing in Crested Butte. I love you forever girl! You inspired me to be a better person. Keep dancing and shining your light on us sweet angel. Your Amberlookins

July 8 at 5:00 PM

PA

Pam posted:

So hard to believe you are no longer here in body, your spirit will always live in every life you touched! You are/were love personified! I was so shocked yet grateful for your email updating me on your diagnosis and will carry you in my heart forever. Pam O'Dea massage therapist and friend

June 12 at 5:00 PM

JM

Jackie Green Marsh posted:

Rita, I sorry that more people will not be able to share your smiling face and welcoming hello. I also enjoyed seeing you in out-patient when I came in either to see a patient or just dropping in. Just remember that in heaven you will be welcoming and smiling to all your family and friends that has not seen that smile in awhile. Jackie Marsh retired RT

June 11 at 5:00 PM

BO

Barb Olund posted:

I will forever remember Rita. I was her coworker at St Rose Hosp. I had been there for years before she "fluttered" into the "Rose". I knew from the moment she arrived that Rita was special. Its like I waited or didn't come alive until Rita came to work. She was extremely personable;loving everyone, always speaking to anyone; greeting every single person as if everyone was special. She didn't care if you were the CEO, the best surgeon, the housekeeper, her boss, a delivery guy, the scheduler, a doctor or pizza delivery person; Rita greeted you. Everyone knew Rita and everyone loved Rita. She was loveable, she was kind; she was energetic, intelligent & bright; she was truely remarkable..she had a smile so big and beautiful, she lit up a very dark room. She was that angel that fluttered into Saint Rose Hospital Outpatient Surgery Center. An angel that we very much needed and will never forget.

June 10 at 5:00 PM



Memories only last if you share them

Join us in honoring Rita by contributing to a collection of shared memories.



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